

JINDAL COLLEGE FOR WOMEN

(Managed by Pragun Jindal Philanthropic Organization)
Jindal Nagar, Tumkur Road, Bengaluru – 560073



DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL REPORT

(2020-21)

Due to Covid-19 there is on physical activities conducted.

International Yoga Day:

The sixth International Day of Yoga was held around Owing to the raging COVID-19 pandemic, in 2020 the theme for yoga day was 'Yoga at Home and Yoga with Family'. The message sent out by the theme was that in these adverse times, yoga will give rays of hope to stay relaxed and fit and a part of physical education program our college celebrated Inter National Yoga Day on 21st June 2020 in virtual.